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Abstract

Drawing on a review of the literature, this article presents an examination of child welfare policies and practices in Ghana. It traces the historical development of child welfare, from the colonial era of the Gold Coast to the present day Ghana, taking into account the social, political and economic context and the impact of globalisation. The major forms of substitute parental care, the reasons why children and young people require care as well as laws and policies within different periods are highlighted. The article ends with a description of the future prospect and challenges of the child welfare system.

Keywords: Child welfare, Ghana, Children, Deinstitutionalisation, Alternative Care

1. Introduction

Children have always occupied a special position in Ghana because they are considered the custodians of the future. In the pre-colonial days, children were the most precious of one's possessions (Gyekye, 1996). Hence, the welfare and protection of children were an important communal undertaking and one's status in society was judged by his or her assumed responsibilities for children of relatives. However, provision for children in Ghana has changed over the years. What is evident from the literature is that the nature of the current child welfare system in Ghana has been shaped by events that occurred in the past. This article, therefore offers an overview of child welfare in Ghana. It traces the historical development of child welfare, from the colonial era of the Gold Coast to the present day Ghana, taking into account the social, political and economic context and the impact of globalisation. The major forms of substitute parental care, the reasons why children and young people require care, as well as laws and policies within different periods are highlighted. The article ends with a description of the current reform of the child welfare system and the potential challenges to it.


Although no child welfare system existed per se in the pre-colonial Gold Coast, it was customary for the extended family, through kinship foster care and other community networks, to provide care and protection for children whose parents were unable to do so (Goody, 1966). Cultural practices including Zuguliem made it possible for children from dysfunctional or poor families to be fostered to kinsmen to receive proper upbringing or an education or learn a trade (Oppong, 1973). Orphans were also cared for by childless members of the clan. Community members were also committed to the welfare of children because they believed it “took a village to raise a child”. Therefore, when children did not have biological families to care for them, the community felt indebted to provide guardianship (Ansah-Koi, 2006). The advantage of this system for children was that they always had more than two adults whom they could depend on and who were concerned about their welfare.

The kinship foster care was based on the values of reciprocity, altruism and the fear of reprisal from dead kinsmen (Ansah-Koi, 2006). Kaye (1962: 37) notes that the extended family took care of orphans because they feared:

“The spirits of the dead parent, particularly that of the mother, is watching to see how the child is treated, and will reward with misfortune and calamities those foster-parents who neglect their charges”.

The close pattern of settlements and living arrangements made it easier for such a welfare system to operate (Nukunya, 2003). Most extended families, consisting of several generations, resided in the compound houses in small
married if their husbands agreed to reside within the wife’s family house. These women were then taken care of by the other family members and they could only get married if their husbands agreed to reside within the wife’s family house.

However, the traditional society did not remain static. As a result of social change and economic pressure, the kinship foster care system gradually lost some of its capacity to respond to the requirements of children needing alternative parental care. The advent of colonial rule saw the beginning of modern cities and industrialisation in Ghana. People migrated to the cities in search of jobs in the construction sites and industries (Fiawoo, 1959; Little, 1960). The rural-urban drift according to Schildkrout (1973) weakened the extended family system. Men who migrated to the urban centres often did so without their wives and children, contributing to a breakdown of families (Manful and Badu-Nyarko, 2011). The migrants also had little in common, resulting in limited social cohesion, neighbourliness and sense of responsibility towards dependent children. The economic depression before World War II, also led to several fostered children being cast from their homes and forced to fend for themselves (Agyeman-Duah, 2008).

In addition to these economic and social changes, children’s rights as it is known today was largely absent during the pre-colonial era. Children were considered properties of their parents and the lineage rather than individuals with their rights and entitlements (Ampofo et al., 2007). The understanding of children as properties reflected in the lack of consideration given to their rights and protection in certain cultural practices which included pawning of children and ostracizing of severely disabled children (Mends, 1992).

European missionaries were the first group outside the extended family to provide assistance for vulnerable children (Hill, 1962). Informal, missionary activity in caring for abandoned, orphaned and infirm children was of particular importance especially in instances where cultural inhibitions forbade certain categories of children from being raised in the traditional family or the urban centres where the traditional foster care was non-existent. The Presbyterian and Methodist churches, for instance, established schools for disabled children (Anson-Yevu, 1988). Infant welfare centres operated by Missionaries also helped to reduce infant mortality, from 360/1000 live births in 1915 to 95/1000 live births by 1931 (Asrifi, 2009).

The British provision for child welfare during the early parts of the colonial era was rather limited. It was British policy not to encourage services that the colonies could not fund internally (Hill, 1962). Like many other colonies in Africa, the colonial administration’s response to providing care for children was basically to import what was being used in the United Kingdom (Asamoah, 1997). With little experimentation or determination of community preferences, child welfare provision in the colonial period focused on residential care. The Children Care and Reformation Ordinance of 1928, gave the Juvenile courts the authority to put juvenile delinquents, neglected or otherwise ill-treated children under the age of fifteen in a reformatory (Craven, 1935). The institutions were concentrated in the urban areas where the colonial power was concentrated and used to prevent any threats to law and order from these children (Apt and Blavo, 1997).

In 1940, the Colonial Development and Welfare Act made funds available for welfare services in the British colonies. A Department of Social Welfare (DSW) was subsequently created and child welfare began to receive more systematic attention. The DSW assumed responsibility for the reformatory and industrial schools for juvenile delinquents with the aim of inculcating in children the need to lead an honest and industrious life (Apt, Blavo and Wilson, 1998). In 1949 the Child Care Society, a charity organization, established the first children’s home (Osu Children’s Home) to take care of orphans and abandoned children (Payne and White, 1979).

The child welfare practice introduced by these foreign groups were, however detrimental to the emergence of welfare practices suitable to the needs of the indigenous people. The British system was incompatible with the structure, values and concepts of the traditional childcare system (Asamoah and Nortey, 1987; Apt and Blavo, 1997). According to Casey (2011) the investigative and court ordered intrusions of this system did not reflect the family-focused and consensus-based approaches to decision-making used in the traditional childcare system. The new approach failed to engage the extended family system and degraded its role in the care of dependent children.

2.1 Post independence: Child welfare during the austerity years (1957-1991)

Ghana embarked on massive industrial and infrastructural development in the urban areas from the money bequeathed the country by the British. The government considered this development agenda the best way for addressing poverty and deprivation and making the country self-reliant and the period witnessed some economic growth (Åryetey and Goldstein, 2000). A consequence of this economic policy was an explosion of urban migration of people looking for work in the new industries that were mainly located in the regional capitals. The good economic conditions provided the funds...
for child sensitive policies such as the Education Act of 1961 which made primary education free and improved school enrollment.

The period of relative economic prosperity, however, did not last long. From later parts of the 1960s to the mid-1980s a combination of factors took the country into economic austerity. The prices of the country’s major exports fell sharply, the population increased rapidly at 3% per annum whilst four successive corrupt military dictators from 1966-1979 just concerned themselves with amassing personal wealth (Gocking, 2005). To curb the economic downturn, Ghana implemented Structural Adjustment Programs in the early 1980s (SAPs) which resulted in the removal of farm subsidies\(^2\), retrenchment of public service workers and cuts in social spending especially in health and education (Adésínà, 2009). Though the SAP ensured sustained economic recovery, it increased poverty for large sections of the populace, reaching 52% of the population in 1991 (Konings, 2002). Oppong (1987) has argued that women and children were most affected by the collapse of the national economy.

Without a clear-cut policy direction after independence, subsequent governments adopted the child welfare provision employed during the colonial period (Laird, 2002). Residential care continued as the main form of social provision for children needing formal alternative care. The state assumed responsibility for the Osu Children’s Home through the Criminal Offenses Act 1960 (Act 29) (Akpalu, 2007). By 1998, the government had built two state children’s homes and entered into partnership with six private orphanages taking care of over 350 children (Apt, Blavo and Wilson, 1998).

Aside the growing poverty, certain practices within the matrilineal and patri-linear kin groups made parents (especially fathers) shun their responsibilities to their children, including those in state care. Among the matrilineal Akans, for instance, ntamboa allowed a child’s maternal uncle to end a father’s right to his children by paying him compensation (Allman, 1997). Even within patrilineal Krobo’s, fathers of children born out of wedlock or those referred to as yobime (women’s children), were denied their paternity rights (Atobrah, 2004). Research conducted by the Department of Social Welfare and Community Development (DSWCD) in 1955 indicated that:

“The most frequent caller at the local offices of the Department of Social Welfare has been for a long time the woman who is trying to get money from the father of her children in order to maintain them” (p. 23).

These cultural practices undermined father’s responsibility to their children and increased mothers stake in ensuring their children’s survival (Bukh, 1979). A seminal study on residential care by Apt (1974) found that the majority of children in state care were those whose mothers: (1) migrated to neighbouring countries in search of greener pastures, (2) died at childbirth, (3) mentally ill or destitute. The study indicated that the biggest problem for DSWCD was how to get relatives of the children in care interested and responsible for children’s welfare (Apt, 1974: 84) According to Apt this was an indication of the importance of mothers in the care of Ghanaian children and made true the popular Akan adage “when the mother dies the child has no family”. This theme was also highlighted in Van der Geest (2004) anthropological interpretation of the plight of orphans in Ghana.

In terms of child welfare legislation the government also passed the Children’s Maintenance Act (Act 297) in 1965 to deal with paternity and maintenance issues. The Act established that fathers and their successors were legally responsible for providing fixed child support. However, social welfare workers found it tough enforcing child support because of the difficulty in accessing incomes of informal sector workers (Laird, 2011). The Maintenance of Children Decree (1977) was therefore passed to replace Act 297. The new law established family tribunals to adjudicate on child maintenance and paternity cases and also made both parents legally liable for the maintenance of their child(ren). Additionally, it removed the fixed amount of ₦10. 00 per month and made child maintenance payments assessable on the earnings of the parent responsible for the maintenance of the child. Other legislation that passed within this period which affected children included the 1962 Adoption Act (Act 104) to regulate the adoption of children as well as Registration of Births and Deaths Act 1965 (Act 301) which made birth registration compulsory.

The Ministry of Foreign Affairs based on the recommendations of the International Year of the Child, set-up the Ghana National Commission on Children (GNCC) through the AFRCD 66 statute in 1979. It became the first organisation in Ghana established to protect the welfare and development of children, coordinate agencies that provide services for children (e.g. crèches and daycare centres) and advise the government on child legislation. However, budgetary allocations for child oriented services and agencies was very limited making the GNCC largely ineffective in carrying out its core functions. This led to a growth of local and international Non Governmental Organisations (NGOs) as well as multilateral donor organisations in the provision of child welfare services.

\(^2\) A sector that employed the bulk of the country’s working population

The reasons why children are taken into state care in Ghana have been changing but the main reasons include poverty, harmful traditional practices, and recently HIV/AIDS (UNDP, 2004). Poverty is the major factor that affects parents and extended families’ ability to care for children illustrated by the over 10000 child maintenance cases handled by the DSW yearly (Laird, 2002). Frequent media reports of child abandonment, child labour, neglect, and sale of children indicate the difficulties that some parents go through in providing for the maintenance and care of children (Windborne, 2006).

Although Ghana has ratified and enacted various legislation, several children’s rights are abused through harmful traditional practices such as Trokosi, early marriages before 18 years (24% in 2006), female genital mutilation/cutting (4% in 2006), necessitating their need for care and protection from the state (Ghana Statistical Service, 2008). Though laws have been enacted to illegalise these practices, they are so deeply ingrained in the traditional belief system that it has been very difficult to curtail them (Sossou and Yogtiba, 2009; Murove et al., 2010). Another factor that has contributed to children requiring out-of-home care is HIV/AIDS pandemic. Though still low compared to other African states like South Africa and Uganda, the number of children orphaned by the disease has been rising and was over 150,000 in 2009 (United Nations Children’s Fund, 2009). The rising number of HIV and AIDS orphans has further stretched the traditional welfare system and some children have fallen through this informal safety net of support. Some investigators (Crenstil, 2009) have stated that HIV and AIDS orphans have a heightened vulnerability to abuse and poor livelihoods because of the stigma attached to the disease.

4. Legislation

From the early parts of 1990s to the mid-2000s little political strife and democratic governance ensured that Ghana made significant progress in strengthening its child welfare system. The return to constitutional rule was particularly influential in transforming legislation and institutions relating to child and family welfare. This subsequently affected the nature and form of child welfare provision and even the types of children coming into out-of-home care. Ghana became the first country in the world to ratify the United Nations Convention of the Rights of the Child (hereafter the UNCRC) in 1990. In addition, the 1992 Constitution mandated Parliament to enact child related legislation guided by the tenets of international human rights instruments such as the UNCRC. Hence a five year national plan of action (1993-1997) dubbed “The Child Cannot Wait” was implemented to reflect the provisions in the UNCRC to the actual circumstances of children in Ghana.

However, as of 1995 the “existing law (maintenance decree) did not reflect international standards or take into account the country’s ability to secure the resources for implementation” (Khemchyan et al., 2008; 80). The Maintenance Decree failed to ensure the well-being of children because it was largely silent over protection issues. Except for a few cases that made the headlines, many children who were cruelly and violently treated by their caregivers failed to receive any redress in the courts. Consequently, the GNCC established an advisory committee in 1995 to reform the country’s child laws. The end product of the committee’s work was the 1998 Children’s Act (Act 560), an imitation of the 1989 Children’s Act of England and Wales (Laird, 2002). According to Laird (2002), the United Nations Children’s Fund (UNICEF) and other multi-lateral donor agencies were also influential in calling for the introduction of a rights based approach to the care and protection of children. Laird suggests that these donor agencies had a lot of influence in setting the child welfare agenda because the funding they provided for child welfare programs often rivaled or exceeded what the government provided.

With its enactment, the Children’s Act 1998 became the main law governing child welfare in Ghana. The passage of the Children’s Act brought about several significant changes to child welfare and protection in Ghana. Firstly, it brought into existence laws to regulate childcare facilities that hitherto was absent and paved the way for the passage of other child welfare legislation such as the Child Rights Regulations 2002 (LI 1705) the Juvenile Justice Act 2003 (Act 653), and Human Trafficking Act 2005 (Act 694). Secondly, district assemblies were given the responsibility to liaise with other government for ensuring the protection and welfare of children within their jurisdiction.

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3 Trokosi is a traditional fetish practice in Ghana in where young girls, who are virgins, are given to the priests and priestesses of fetish shrines as slaves to appease for sins and crimes committed by their relatives against the deities. The young girls are sexually abused by the fetish priests.
4.1 Approaches to child welfare

Due to the renewed interest in protecting the rights of children in the past two decades, the Ministry of Women and Children’s Affairs established in 2001 to take the lead and coordinate gender and child receptive development issues through the formulation and implementation of child friendly policies and increased child participation. It also aims to create awareness among both adults and children on the rights of children, which are provided for by the CRC and the national laws relating to children. The Department of Social Welfare (under the Ministry of Employment and Social Welfare) has the primary responsibility for implementing child welfare services (Apt and Akuffo-Amoabeng, 2007). Social workers deliver services in the districts in the country. However, due to the lack of manpower, some districts, especially those in the rural areas, have no social workers.

NGOs play a major role in the provision of child welfare services. They work to address child protection issues, and several NGOs have formed the Ghana Coalition on the Rights of the Child. An example of the child protection work being undertaken by NGOs are the child protection teams that are sponsored by UNICEF to monitor children’s rights and promoting positive child care practices especially in the rural area (Apusigah, 2007). Traditional leaders (Chiefs and Queen Mothers) play an important role in local governance, especially within the rural communities. In 2003 the Many Krobo Queen Mothers Association in the Eastern region started an innovative foster care system that promotes community based care for orphans and vulnerable children. Using the principles of the traditional welfare system (e.g., reciprocity and responsibility), the Queen Mothers identify and take in up to six dependent children and raise them as part of their own family. The Queen Mothers receive some support from organisations such as the Ghana Aids Commission, District Assembly and the Ministry of Health. In 2012 there were 371 Queen Mothers caring for 1,035 children (Bortey-Doku Aryeetey, 2012). The advantage of this care arrangement, according to Lund and Agyei-Mensah (2008), is that helps remove the stigma that AIDS orphans within their communities and helps in their integration into their communities.

4.2 Formal and informal provision

Although not used extensively as in previous years, alternative parental care for children is still largely provided through the traditional kinship foster care system (UNDP, 2007). However, unlike kinship fostering in western countries, decisions concerning the placement of children in this foster system are made informally by family members and social welfare workers do not monitor the circumstances of children in these placements. Foster parents are also not entitled to benefits from the state or assistance from the child’s natural parents since it is considered an extended family obligation (Fiawoo, 1978). Yet, with the rising costs of education and economic hardships, many people began to consider foster children as an economic burden (Imoh Twum-Danso, 2012). Recent research studies (Apt, 2005; Tetteh, 2010; Kuyini et al., 2009) show that some foster children are in domestic servitude, physically abused or being denied education. In addition, a study of street children also found that over 50% of the 183 street children interviewed had been fostered (GoG/UNICEF, 2003).

The country witnessed an explosion of mostly unlicensed RCFs from the late 1990s, rising from 9 in 1998 to over 100 in 2005, taking care of almost 4500 children, of which 90% had one or both parents living (Csáky, 2009). The failure to regulate NGOs has resulted in a proliferation of RCFs (Laird, 2002). Galama (2010) and Voelkl (2012) have argued that whilst some RCFs are established with good intentions, the majority are used means to acquire funds from donors and orphanage tourism. The unlicensed RCFs usually canvassed for children in the communities with the lure of providing them with education and health opportunities (Colburn 2010).

Formal foster care involving non relatives has been minimally used. By 2006, only 70 people were registered with the DSW as foster parents (Apt and Akuffo-Amoabeng, 2007). Part of the reason for the low patronage could be because carers were not paid for their services, making many people uninterested in becoming carers. In terms of adoption Ghana has not ratified the 1993 Hague Inter-country Adoption Convention even though some orphanages used it to engage in child trafficking (ACPF 2012). Domestic adoptions have remained unpopular due to the low level of information about adoption opportunities, the prohibitive cost for prospective parents and the rigid administrative procedures (Akpalu,
5. The Future of Child Welfare in Ghana

In 2006, the focus of child welfare provision changed with the launch of the Care Reform Initiative, a component of the National Plan of Action for Orphaned and Vulnerable Children. The reform was initiated by three foreign organisations: UNICEF, USAID, and the U.S. based NGO OrphanAid Africa in partnership with DSW. The basis for the Care Reform Initiative was that studies undertaken in the developed world (notably Tolfree 1995; Bilson, 2009; Nelson et al., 2011) showed that long-term residential care can have detrimental effects on children’s development and their human rights. The drastic increase RCFs in Ghana was therefore disturbing especially when allegations of sexual and physical abuse, corruption and human trafficking had emerged within several of these institutions (Adongo, 2011). These factors suggested a need for changes to ensure that child welfare provision in the country fell in line with the UN’s 2009 guidelines on out-of-home care and the guidelines under the U.S. Assistance for Orphans and Other Vulnerable Children in Developing Countries Act 2005.

The aim of the Care Reform Initiative (CRI) consequently is to change policy and the provision of child welfare services. It is to enhance the capacity of the Department of Social Welfare in encouraging family and community based care as it is considered a more sustainable approach to child welfare. Residential care is to be avoided whenever possible and only be used as a last resort by shutting down 90% of the orphanages in the country (DSW, 2006).

The reform is to be undertaken through four components. The first and most important component is to strengthen the capacities of families through family support services in order to keep children within their original families and communities. This is largely in reaction to the observations in Ghana’s state party report presented in 2006 to the UN’s committee on the CRC. The committee’s recommended in point 39 that the Ghana must take:

“necessary measures to support and strengthen the capacity of parents, particularly those in difficult circumstances, to perform their responsibilities in the upbringing of their children through family support programmes and facilitate the work of NGOs in this regard” (p.8).

The reform aims to identify and provide poor families with extra income through social grants and assistance programs so as to reduce the impact of poverty. Direct cash transfers through the Livelihood Empowerment against Poverty program (LEAP) is given to extremely poor caregivers of orphaned and vulnerable children to reduce the economic burden of care. Other social protection programmes like Education Capitation Grant (2005), School Feeding Programme (2004) and National Health Insurance (2003) aim to tackle child poverty by making education and health more accessible to poor families (Jones, Ahadzie and Doh, 2009). The social protection programs is also to keep parents alive (especially mothers) and support them to care of their children. The second component of the initiative is to reintegrate children separated from their families with extended family members who can provide them with a caring and stable environment. The remaining two components of the CRI aim to place children in foster care or give them up for adoption, most preferably in a Ghanaian family, if prevention and reintegration are not possible.

Since the implementation of the reforms, 15 orphanages have been closed down and 415 children living in RCFs reunited with their families (Adongo, 2011). Monthly stipends have been provided for 1,443 caregivers to care for 2,530 OVC in 21 districts where HIV prevalence is high. In terms of policy development which has occurred through the care reforms include the 2007 Foster Care Regulations and the 2010 Standards for Residential Homes. The foster and residential care regulations put in place statutory requirements for the preparation and aftercare support for care leavers.

The CRI has, however, experienced some challenges with the most prominent of them being lack of resources. The DSW does not have the personnel, logistics and funds to carry out its mandate under the reforms (Bortey-Doku Areyetey et al., 2012). Some of the regulations under the reform are highly unattainable, at least for now, given Ghana’s social work and social welfare provision. For instance, the standards require that young people leaving foster or residential care be assisted and supported to acquire skills for productive living and eventual independence. In cases where the care leaver is not returning home to his or her family or an adoptive parent, the children’s home and social welfare officer have to assist the young person to become independent and self-reliant and should keep regular contact with him or her for a period between one to six years.

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In addition there is an absence of a clearly-defined child policy framework (Baffoe & Dako-Gyeke, 2013). The care
改革并没有伴随详细的指导方针或程序，而是仅由具体项目的计划所引导。没有针对儿童的改革提供整体的方法。因此，像家庭暴力受害者支持单位（DOVVSU）这样的组织在处理受虐待儿童时，正在建立庇护所；而社会福利部（DSW）则在追求孤儿和弃儿的去机构化策略（Casey, 2011）。

研究发现似乎推翻了改革背后的几个核心原因。改革的主要目标之一是去机构化，关闭大约90%的未注册的私立儿童照料机构。然而，来自两项研究（Colburn, 2010; Kristiansen, 2009）的发现是，许多运行良好的私立家庭提供了良好的生活和照料标准。Gyapong等（2011）也发现，孤儿院中的儿童在教育、营养和健康服务方面比在家庭中的孤儿要好。Lemons（2010）认为，尽管执行国际标准是可取的，但不应匆忙关闭功能正常的孤儿院，因为加纳想要获得国际援助。该作者建议，标准应基于加纳自己的标准，考虑到加纳的基础设施和资源。

最后，麦克利恩（2011: 133）认为，没有可靠的数据显示在加纳，关于亲属关系和社区互惠的大型数据。当政策被设计基于这些假设时，往往非常糟糕，因为它们会增加州和非州的社会福利体系的差距。Voyk（2010）认为，改革试图将依赖儿童从机构照顾转换到家庭和社区的照顾，只有在找到解决社会问题如有害行为，提供HIV/AIDS意识和教育以减少耻辱，提高贫困家庭的收入潜力，以及在重新接纳儿童之前，才有可能成功。如果不这样做，作者认为被从机构照顾搬回社区的儿童可能会面临比留在孤儿院的儿童更多的困难。

6. Conclusion

家庭在扩展形式上，仍然为需要替代性父母照料的儿童提供照料。然而，多年来，传统体系的容量提供了这种照料的照料能力逐渐被削弱，因素包括贫困和HIV。在那之后，传教士和殖民政府引入了儿童照料，为无法在家庭中得到照料的儿童提供照料。在独立后，照料体系被采用，形成了主要的出家外照料，这在1990年代特别明显。在民主回归1990年代，国家发展了一整套儿童保护法律，但影响小，执行弱。加纳仍然缺乏一个全国性的儿童保护系统。在过去的几年里，加纳已经开始改革，将儿童照料从住宅设施转移到家庭和社区，作为国家和社区的儿童照顾。改革是基于动态的伙伴关系，国家体系和现有的社区结构和传统之间。尽管加纳的解机构化仍然是可能的，并且对未来的某种好处，但有一些事情需要在实现之前考虑。在 meantime, however, there is a need to consider some of the ways in which institutions need to be developed for better conditions for children.

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